

PRF HAIR RESTORATION

preparation



Discontinue
blood thinners
7 days prior



Remove any
hair units or
extensions



Cease or decrease
smoking before
your appt



Avoid alcohol
for 24 hours



Drink plenty of
water to stay
well hydrated



Come to your
appointment
with clean hair



QUESTIONS OR CONCERNS

7971 Moorsbridge Rd, Portage MI

Phone: (269) 329-0655

Text: (269) 326-6100

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PRF HAIR RESTORATION

aftercare



Take a hot shower
3 hrs after
to enhance PRF
effects
(no shampoo)



Avoid minoxidil,
hair color and
straightening for
72 hrs



Avoid drinking
alcohol for 24
hours



No sweaty
activities for the
next 48 hours



Discontinue
blood thinners
for 1 week



Drink plenty of
water to stay
well hydrated



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