



DERMAL FILLER

aftercare

QUESTIONS OR CONCERNS

7971 Moorsbridge Rd, Portage MI

Phone: (269) 329-0655

Text: (269) 326-6100

www.swmphs.com



Plastic Surgeon Owned
and Operated



No dental visits
one month before
or after filler



Expect swelling
and bruising,
apply an ice pack



Drink plenty of
water to stay
well hydrated



Avoid direct sun
exposure or heat,
tanning beds or
saunas for 24 hrs



Avoid
Makeup 12 hrs
NSAIDS 24 HRS
Alcohol 24 hrs
Smoking 24 hrs
Hot tub & sauna 2 days



Avoid drinking
alcohol for
24 hours



No sweaty activities
for the next
24 hours



Avoid touching or
applying excess
pressure on
affected area



Schedule your
two week check,
and 8 mo ReFill!