



# NEUROTOXIN

*aftercare*

## QUESTIONS OR CONCERNS

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[www.swmphs.com](http://www.swmphs.com)

@SWMPHS



Plastic Surgeon Owned  
and Operated



Avoid touching or applying excess pressure on affected area



Don't lie down for the next 6 hours



Drink plenty of water to stay well hydrated



Expect swelling and bruising, apply an ice pack



Avoid direct sun exposure or heat, tanning beds or saunas for 24 hrs



No sweaty activities for the next 24 hours



Avoid drinking alcohol for 24 hours



Stay patient your final results can take up to 14 days



Schedule your two week check, and 3 mo 'Tox Up!